

Steps to the Sacrament of Reconciliation



1. The priest welcomes me.
2. I say: *Good Morning, Father.*
3. I make the Sign of the Cross – say the words out loud.
4. I say: Father, these are my sins.

I tell the priest my sins.

5. I then say, *Father, I'm finished.*
6. Father gives me a penance.
7. I say the Act of Contrition.
8. The priest give me Absolution, forgives my sins.

When Father says: *I absolve you from your sins in the name of the Father and of the Son and of the Holy Spirit –*

I make the Sign of the Cross.

9. I say: *Thank you, Father* and then I leave.